

	Monday 18-02-2019	Tuesday 19-02-2019	Wednesday 20-02-2019	Thursday 21-02-2019	Friday 22-02-2019
Meal of the day 1	Chicken fillet in breadcrumbs with linseed	The art of meat in a roast sauce	Chicken roulades stuffed with spinach	Pork pork loin in mushroom sauce	Chicken leg in BBQ sauce
	Boiled potatoes	Roast potatoes with garlic and marjoram	Roast potatoes	Mashed potatoes	Boiled potatoes
	Beetroot salad with onion	Red caggage salad with onion and mayonnaise	Leek salad	Cabbage and carrots salad	Salad with leek and carrot and apple in cream
Meal of the day 2	Pork meatballs in tomato sauce	Chicken Sechuan	Pork in Old Bakery	Poultry loins with grilled vegetables	Chili con carne with beans, peppers and corn
	Buckwheat groats	Wild rice	Barley	Roast potatoes with garlic and marjoram	Rice with mushrooms
	Cabbage & corn salad	Peking cabbage & corn salad	Cabbage & dill salad	String bean & radish salad	Coleslaw with pepper
Meal of the day 3 *** VEGETARIAN ***	Vegetable fritters with garlic dip (veg)	Courgette lecho with fresh tomato (vegan)	Barley risotto with baked veggies, mushrooms and pumpkn seeds (veg)	Celeriac and kale cutlets (veg)	Spanish tortilla (spinach, broccoli, zucchini and potato) (veg)
	Roast potatoes	Mashed potatoes	Sauerkraut salad	Couscous	Roast potatoes
	Swedish Salad	Carrot slaw with raisins		Peking cabbage & arugula salad	White turnip & radish salad
Grill - Live cooking	Pork vindaloo	Turkish escalopes in Spanish	Beef burger with a slice of cheese, tomato, pickled cucumber and spicy tomato sauce	Chicken fillet grilled with pineapple and sweet chili sauce	Pork in gorgonzola sauce with vegetables
Macaroni	Pasta in a creamy sauce with chicken, mushrooms and oyster mushrooms with parsley	Spanish style chops	Pasta with gyros, roasted vegetable and cheese	Chinese noodles with pork	Pork in gorgonzola sauce with vegetables
Soup	Beetroot	Split pea soup	Cabbage soup	Bean soup	Onion soup
	Cauliflower soup (veg)	Sorrel with egg (veg)	Paprika soup (veg)	Potato with leek	Carrot cream soup
Mains	Chicken fillet in breadcrumbs with linseed	The art of meat in a roast sauce	Chicken roulades stuffed with spinach	Pork pork loin in mushroom sauce	Chicken leg in BBQ sauce
	Pork stew with beans and smoked bacon	Chicken Sechuan	Kofta from pork with mint	Chicken Fingers	Chili con carne with beans, peppers and corn
	Pork meatballs in tomato sauce	Tortilla with chicken and spinach	Pork in Old Bakery	Poultry loins with grilled vegetables	Pork Belvedere
Vegan	Vegetable fritters with garlic dip (veg)	Courgette lecho with fresh tomato (vegan)	Barley risotto with baked veggies, mushrooms and pumpkn seeds (veg)	Celeriac and kale cutlets (veg)	Spanish tortilla (spinach, broccoli, zucchini and potato) (veg)
Fish	Pollock fish in curry batter	Breaded tilapia	Cod in batter	Hoki in piri piri bread crumb	Hake with fried onion baked under cheese
Vegetarian	Chickpeas with peppers (veg)	Lentil Sheppers' pie (veg)	Mexican pancakes	Red beans and sweet potato goulash (veg)	Vegetables baked with herbs de Provence and cheese (veg)
Others	Russian dumplings (8 pcs)	Dumplings with spinach (8 pcs)	Dumplings with meat (8 pcs)	Dumplings with mushrooms and potatoes (8pcs)	Russian dumplings (8 pcs)
	Pancakes with raisins	Chocolate pancakes with sweet cheese and orange	Vanilla pancakes with cottage cheese and nuts	Chocolate pancakes with sweet cheese and peach	Pancakes stuffed with sweet cheese and banana
	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples
Salads	Cabbage & corn salad	White cabbage slaw	Cabbage & dill salad	Cabbage and carrots salad	Coleslaw with pepper
	Beetroot salad with onion	Carrot slaw with raisins	Beetroot salad with sunflower seeds	Carrot and oranges salad	Beetroot salad with onion
	Sauerkraut salad	Peking cabbage & corn salad	Kohlrabi & cucumber salad	Peking cabbage & arugula salad	Salad with leek and carrot and apple in cream
	Swedish Salad	Red caggage salad with onion and mayonnaise	Leek salad	String bean & radish salad	Sauerkraut salad
	String bean & radish salad	Celery salad	Sauerkraut salad	Red cabbage and apple salad	White turnip & radish salad
Salads	Chicken and avocado salad	Marine salad with tuna	Chicken fajitas salad with peppper	Avocado, pomegranate and pork	Caesar salad (egg, croutons)
	Baked beets salad with mozarella and basil	Watermelon and tomato with typu feta cheese	Couscous and lentil salad	Kale salad	Winter salad with broccoli
Vegetables	Spinach	Carrots and peas	Spinach	Carrots and peas	Spinach
	Mixed vegetables	Mix of steamed vegetables	Mixed steamed vegetables	Mixed veggies with roasted pumpkin seeds	Mixed vegetables
	Yellow beans with breadcrumbs	Cauliflower with breadcrumbs	Carrot with sesame seeds	Broccoli with sunflower seeds	Cauliflower with garlic, parsley & crumbs
	Broccoli with sunflower seeds	Brussels sprouts	Yellow beans with breadcrumbs	Yellow beans with breadcrumbs	Brussels sprouts
Sides	Boiled potatoes	Mashed potatoes	Boiled potatoes	Mashed potatoes	Boiled potatoes
	Roast potatoes	Roast potatoes with garlic and marjoram	Roast potatoes	Roast potatoes with garlic and marjoram	Roast potatoes
	Rice with vegetables	Wild rice	Rice	Yellow rice	Rice with mushrooms
	Buckwheat groats	Bulgur wheat	Barley	Couscous	Buckwheat with onion
	Dumplings	Dumplings	Dumplings	Dumplings	Dumplings