

Aquarius

MENU - week 12

	Monday 19-03-2018	Tuesday 20-03-2018	Wednesday 21-03-2018	Thursday 22-03-2018	Friday 23-03-2018
Meal of the day 1	Chicken cutlet	Pork rump steak pork with onion	Chicken with broccoli and peppers	Chilli con carne with beans, paprika & corn	Crunchy tortilla with marinated chicken, jalapeno, vegetables in cheese sauce
	Wild rice	Barley	Roast potatoes	Rice with vegetables	Rice
	White cabbage salad with dill	Swedish Salad	Leek salad	Peking cabbage salad with carrot	Mixed salad with 0% yoghurt
Meal of the day 2	Potato dumplings stuffed with ground pork	Spicy Indian chicken leg	Spicy Indian chicken leg	Chicken fingers with jalapeno	Pork stewed with mushrooms
	Roast potatoes	Roast potatoes	Boiled potatoes	Roast potatoes with garlic and marjoram	Roast potatoes
	Sauerkraut salad	Carrot salad with peach	Beetroot salad with onion	Coleslaw	Classic cabbage slaw
Meal of the day 3 *** VEGETARIAN ***	Chickpeas cutlets (veg)	Parsley & celery fritters (veg)	Chickpeas curry (veg)	Chickpeas cutlets (veg)	Potatoe&vegetable fritters (veg)
	Boiled potatoes	Rice with vegetables	Yellow rice	Mashed potatoes	Dumplings
	Leek and radish salad	White cabbage slaw with horseradish	White cabbage slaw	Carrot & apple salad	Sauerkraut salad
Grill - Live cooking	Grilled pork loin with carrots	Beefburger with cheese, tomato, pickled cucumber and spicy tomato sauce	Pork with bamboo shoots	Italian chicken stuffed with typu feta cheeses, olives and paprika	Pasta all'arrabbiata (with spicy pork)
Macaroni	Penne bolognese with beef	Pasta with chicken, sun dried tomatoes, zucchini and sage	Cottage style noodles with sausage, onion and egg	Makaron w sosie z sera pleśniowego, porów i białego wina z kurczakiem	Casserole with vegetables (veg)
Soup	Baked beetroot cream soup (veg)	Horseradish soup with chives and egg (veg)	Spring soup (veg)	Spicy cheese soup (veg)	Carrot cream sup with coriander (veg)
	Kaffir lime chicken soup	Mexican soup	Sour soup on pork ribs	Czech Rosol	Polish 'zurek' soup
Mains	Chicken cutlet	Pork rump steak pork with onion	Chebureks (fried dumplings Ukrainian)	Roast of pork in herb sauce	Ground chicken cutlet stuffed with cheese and persley
	Chicken shoarma with vegetables and cheese	Spicy oriental pork with citrus note	Chicken with broccoli and peppers	Chilli con carne with beans, paprika & corn	Crunchy tortilla with marinated chicken, jalapeno, vegetables in cheese sauce
	Potato dumplings stuffed with ground pork	Spicy Indian chicken leg	Breaded pork neck with garlic and marjoram	Chicken fingers with jalapeno	Pork stewed with mushrooms
	Millet cutlets with spinach and sunflower seeds (veg)	Parsley & celery fritters (veg)	Chickpeas curry (veg)	Millet cutlet with beets and tomato baked under chee	Potatoe&vegetable fritters (veg)
	Pollock in beer batter	Fish baked with vegetables	Fish Polish style with braised vegetables and egg	Tilapia in curry batter	Grilled hoki fish with tomato salsa
Vegetarian	Breton style beans (veg)	Vegetables Italian-style (veg)	Barley with green peas	Mushrooms in cream(veg)	Potatoes and broccoli gratin (veg)
Others	Pierogies with white cheese&potato (8 pcs)	Pierogies with mushrooms and potatoes (8pcs)	Pierogies stuffed with meat (8 pcs)	Pierogies with spicy potato&cheese filling (8 pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes stuffed with sweet cheese and raspberries	Pancakes with vanilla cottage cheese and cranberries	Apple fritters	Chocolate pancakes with sweet cheese and orange	Pancakes stuffed with sweet cheese and banana
	Pancakes with apples	Pancakes with apples	Pancakes stuffed with sweet cheese and peach	Pancakes with apples	Pancakes with apples
Salads	White cabbage salad with dill	White cabbage slaw with horseradish	White cabbage slaw	Coleslaw	Classic cabbage slaw
	Beetroot salad with onion	Carrot salad with peach	Beetroot salad with onion	Carrot & apple salad	Beetroot salad with sunflower seeds
	Young cabbage with dill	Peking cabbage & arugula salad	Leek salad	Peking cabbage salad with carrot	Sauerkraut salad
	Leek and radish salad	Swedish Salad	Red cabbage and apple salad	Sour cucumber salad	Red caggage salad with onion and mayonnaise
	Kohlrabi & cucumber salad	Celery salad with raisins	Salad with green beans	White turnip & radish salad	Mixed salad with 0% yoghurt
Salads	Salad with smoked chicken and orange	Marine salad with tuna	Celery salad	Mixed vegetable salad with vinaigrette dressing	Salad with tomato and broccoli with curry sauce and cheese
	Chicken and avocado salad	Tortellini salad	Spicy devil's salad	Moroccan couscous salad	Mexican salad with chicken
Vegetables	Spinach	Carrots and peas	Spinach	Carrots and peas	Spinach
	Mixed vegetables	Mix of steamed vegetables	Broccoli, cauliflower & corn	Cauliflower with breadcrumbs	Mixed vegetables
	Brussels sprouts	Broccoli with sunflower seeds	Yellow beans with breadcrumbs	Fried red cabbage	Yellow beans with breadcrumbs
	Cauliflower with garlic, parsley & crumbs	Cooked beetroot (veg)	Mixed vegetables with sunflower seeds	Mixed vegetables with sunflower seeds	Mini carrots with sesame seeds
Sides	Boiled potatoes	Mashed potatoes	Boiled potatoes	Roast potatoes with garlic and marjoram	Boiled potatoes
	Roast potatoes	Roast potatoes	Roast potatoes	Mashed potatoes	Roast potatoes
	Wild rice	Rice with vegetables	Hulled barley with vegetables	Cus cus	Rice
	Kus kus	Dumplings	Yellow rice	Rice with vegetables	Dumplings
	Dumplings	Cus Cus	Spinach dumplings	Dumplings	Buckwheat with onion