

	Monday 18-09-2017	Tuesday 19-09-2017	Wednesday 20-09-2017	Thursday 21-09-2017	Friday 22-09-2017
<b>Meal of the day 1</b>	Chilli con carne with beans, paprika & corn Yellow rice with corn, carrot and peas String bean & radish salad	Chicken breast with ham and cheese Potatoe puree with onion Chienese cabbage with kale, cucumber and chive	Ground pork cutlet stuffed with mushrooms Couscous with vegetables Beetroot salad with sunflower seeds	Chicken liver with chanterelles and onion Rice with vegetables Peking cabbage & corn salad	Pork in mushroom sauce Buckwheat with onion Beetroot salad with onion
<b>Meal of the day 2</b>	Leg of chicken with zucchini in tomato sauce Boiled potatoes Beetroot salad with onion	Pork stew with zucchini, peppers and mushrooms Pearl barley with green peas Red cabbage & cucumber salad	Chicken paella with mixed vegetables Cucumber salad with sour cream	Pork loin chop stuffed with sausage in mushroom sauce Mashed potatoes Blanched red cabbage salad	Ground chicken cutlet stuffed with cheese and persley Boiled potatoes White cabbage, pickled pepper and apple salad
<b>Meal of the day 3 *** VEGETARIAN ***</b>	Parsley & celery fritters (veg) Barley Cucumber salad with sour cream	Bouuble and squeak (veg) Rice with mushrooms Mixed salad with 0% yoghurt	Croquet with mushrooms and cheese (veg) Boiled potatoes White cabbage slaw with horseradish	White bean and veggies cutlets (veg) Bulgur wheat Cucumber salad with sour cream	Pumpkin fritters Rice Carrots and raisins salad with orange note
<b>Grill - Live cooking</b>	Chicken breast grilled with pineapple and sweet chili sauce	Pork fajitas	Burger with grilled bacon and remoulade	Chinese noodles with pork	Grilled Hake fish on spinach with buttery lemon sauce
<b>FIT Dish</b>	Pasta with cauliflower, peas and cheddar cheese	Pasta in a creamy sauce with chicken, mushrooms and oyster mushrooms with parsley	Pasta with broccoli and bacon	Noddles with pork tenderloin and mushrooms in cream sauce	Whole grain pasta with cooked chicken, zucchini, cherry tomatoes
<b>Soup</b>	Sorrel soup with spinach (veg) Duck soup with barley	Red beetroot soup with chickpeas (veg) Sauerkraut soup	Potato & leek soup (veg) Split pea soup	Forest mushrooms soup with dumplings (veg) Mexican soup	Spicy fish soup a'la puntanessa Country hen soup with noodles and veggies
<b>Mains</b>	Ground pork cutlets with cheese Leg of chicken with zucchini in tomato sauce Chilli con carne with beans, paprika & corn Parsley & celery fritters (veg) Tilapia in curry batter	Chicken breast with ham and cheese Pork stew with zucchini, peppers and mushrooms Enchilada with chicken in spicy cheese sauce Bouuble and squeak (veg) Hake in bearnaise sauce	Chebureks (fried dumplings Ukrainian) Chicken paella with mixed vegetables Ground pork cutlet stuffed with mushrooms Croquet with mushrooms and cheese (veg) Fish baked with vegetables	Breaded chicken fillet Pork loin chop stuffed with sausage in mushroom sauce Chicken liver with chanterelles and onion White bean and veggies cutlets (veg) Hake with fried onion baked under cheese	Pork curry Ground chicken cutlet stuffed with cheese and persley Pork in mushroom sauce Pumpkin fritters Crispy fish in Chinese wok with vegetables
<b>Vegetarian</b>	Aloo gobi (cauliflower, potatoes, tomatoes, peas) (veg)	Oriental chickpeas with onion, tomatoes and zucchini (veg)	Lasagne with lentil and vegetables (veg)	Pancake with vegetables baked cheese (veg)	Mini burgers
<b>Others</b>	Pierogies with white cheese&potato (8 pcs) Pancakes with apples Pancakes with sweet cheese and orange	Pierogies stuffed with spinach (8pcs) Pancakes with apples Chocolate pancakes with sweet cheese and peach	Pierogies with cheese, potato, bacon and onion (8 pcs) Vanilla pancakes with cottage cheese and nuts Pancakes with apples	Pierogies stuffed with meat (8 pcs) Apple fritters Pancakes with sweet cheese	Pierogies with white cheese&potato (8 pcs) Pancakes with apples Pancakes stuffed with sweet cheese and banana
<b>Salads</b>	Cucumber salad with sour cream Beetroot salad with onion Young cabbage with dill String bean & radish salad Sauerkraut salad	Cucumber salad with sour cream Red cabbage & cucumber salad Chienese cabbage with kale, cucumber and chive Mixed salad with 0% yoghurt Carrot & apple salad	Cucumber salad with sour cream Beetroot salad with sunflower seeds White cabbage slaw with horseradish Sauerkraut salad Tomatoes and onions	Cucumber salad with sour cream Blanched red cabbage salad Peking cabbage & corn salad Mixed salad with 0% yoghurt Kohlrabi & cucumber salad	Cucumber salad with sour cream Beetroot salad with onion White cabbage, pickled pepper and apple salad Sauerkraut salad Carrots and raisins salad with orange note
<b>Salads</b>	Salad with smoked chicken and orange Spinach, rocket salad, pear and black sesame	Italian salad (basil, tomato, celery, mint) Salad with chicken and vegetables in curry sauce	Gyros salad Salad with smoked cheese and spinach	Salad with broccoli and typhu feta cheese Eggplant and green peas salad	Salad with tuna Tortellini salad
<b>Vegetables</b>	Spinach Mixed vegetables with sunflower seeds Mini carrots with sesame seeds Cauliflower with breadcrumbs	Carrots and peas Mixed veggies with roasted pumpkin seeds Brussels sprouts Yellow beans with breadcrumbs	Spinach Broccoli with sunflower seeds String beans mix Mix of steamed vegetables	Carrots and peas Cauliflower with breadcrumbs Brussels sprouts Mixed veggies with roasted pumpkin seeds	Spinach Mixed vegetables String beans mix Broccoli, cauliflower & corn
<b>Sides</b>	Boiled potatoes Roast potatoes Dumplings Yellow rice with corn, carrot and peas Barley	Potatoe puree with onion Roast potatoes Rice with mushrooms Dumplings Pearl barley with green peas	Boiled potatoes Roast potatoes Couscous with vegetables Wild rice Spinach dumplings	Mashed potatoes Roast potatoes with garlic and marjoram Dumplings Rice with vegetables Bulgur wheat	Boiled potatoes Roast potatoes Rice Buckwheat with onion Dumplings