

Aquarius

MENU - week 46

	Monday 13-11-2017	Tuesday 14-11-2017	Wednesday 15-11-2017	Thursday 16-11-2017	Friday 17-11-2017
Meal of the day 1	Lemon chicken	Chicken breast in Provence herbs breading	Pork rump steak pork with onion	Breaded chicken wings	Pork loin chop stuffed with sausage in mushroom sauce
	Rice	Mashed potatoes	Boiled potatoes		Boiled potatoes
Meal of the day 2	String bean & radish salad	Carrot, peach and apple salad	Pickled cucumber, pepper and red onion salad	White cabbage slaw with horseradish	red beetroot, chickpeas and nuts salad
	Fiery kebab (spicy)	Pork in mushroom sauce	Pork in mushroom sauce	Moussaka with pork	Chicken rolls with green string beans
	Rice	Rice with vegetables	Rice with carrots and peas	Roast potatoes	Rice with mushrooms
Meal of the day 3 *** VEGETARIAN ***	Clasic cabbage slaw	Tomatoes and onions	White cabbage salad withcorn, dill and mayonnaise	Leek and radish salad	Cabbage and carrots salad
	Cutlets with buckwheat and spinach with garlic dip (veg)	Cheese coated in sesame (Veg)	Tortilla with vegetables (veg)	Falafel with kale and jalapenio	Green gratin (veg)
	Boiled potatoes	Roast potatoes	Roast potatoes with garlic and marjoram	Bulgur wheat	Sauerkraut salad
	Sauerkraut salad	Coleslaw with pepper	Peking cabbage & corn salad	Mixed salad with 0% yoghurt	
Grill - Live cooking	Grilled pork loin with bacon	Buttere Chicken	Pork ribs glazed sweet chilli	Paella with chicken	Baltic Cod grilled with mixed herbs
Macaroni	Pasta with chicken and mushrooms	Pork knuckle baked in sauteed sauerkraut	Pasta with spinach and bacon	Beef stew with spices and smoked pepper	Pasta with chicken in chanterelle & cream sauce
Soup	Bread soup	Indian aromatic soup with red lentils and chicken	Polish 'zurek' soup	Ribollita - Tuscan bean soup	Beer soup
	Neapolitana soup with croutons (veg)	Tomato & sweet potato cream soup (veg)	Onion soup (veg)	Broccoli cream soup (veg)	Pepper soup (veg)
Mains	Lemon chicken	Kung pao chicken	Chebureks (fried dumplings Ukrainian)	Chicken breast stuffed with dried tomatoes and gorgonzola	Pork loin chop stuffed with sausage in mushroom sauce
	Fiery kebab (spicy)	Chicken breast in Provence herbs breading	A stew of pork ham after hunter with cucumber and sausage	Breaded chicken wings	Groud pork&rice filled cabbage rolls simmered in tomato sauce
	Peppers stuffed with meat and rice	Pork in mushroom sauce	Thai chicken tenderloins (spicy)	Moussaka with pork	Chicken rolls with green string beans
	Cutlets with buckwheat and spinach with garlic dip (veg)	Cheese coated in sesame (Veg)	Tortilla with vegetables (veg)	Falafel with kale and jalapenio	Green gratin (veg)
	Fried fish with tomatoes	Hake in bearnaise sauce	Fried Tilapia a'la bruschetta	Hoki with vegetable salsa	Hake with fried onion baked under cheese
Vegetarian	Grilled vegetables	Chickpeas curry with zucchini and pepper (veg)	Potato fritters with spinach and typu feta cheese (veg)	Breaded cauliflowers in sweet chilli sauce (veg)	Mini burgers
Others	Pierogies with white cheese&potato (8 pcs)	Pierogies stuffed with meat (8 pcs)	Pierogies with mushrooms and potatoes (8pcs)	Pierogies with spicy potato&cheese filling (8 pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes with apples	Chocolate pancakes with sweet cheese and orange	Apple fritters	Chocolate pancakes with strawberries and sweet cheese	Pancakes with tropical fruit
	Pancakes stuffed with sweet cheese and peach	Pancakes with apples	Pancakes stuffed with sweet cheese and raspberries	Pancakes with apples	Pancakes with apples
Salads	Clasic cabbage slaw	Coleslaw with pepper	White cabbage salad withcorn, dill and mayonnaise	White cabbage slaw with horseradish	Cabbage and carrots salad
	Beetroot salad with sunflower seeds	Carrot, peach and apple salad	Beetroot salad with onion	Carrots and pineapple salad	red beetroot, chickpeas and nuts salad
	Young cabbage with dill	Leek and peas salad	Pickled cucumber, pepper and red onion salad	Leek and radish salad	Sour cucumber salad
	Sauerkraut salad	Red cabbage, onion and oranges salad	Peking cabbage & corn salad	Red cabbage with carrot and raisins	Sauerkraut salad
	Celery salad with raisins	Tomatoes and onions	String bean salad	Mixed salad with 0% yoghurt	String bean & radish salad
Salads	Salad with smoked chicken and orange	Gyros salad	Salad with pumpkin and kale	Chicken salad with tangerines, grapes and red onion	Salad with fried salami, tomatoes, pickled peppers, corn and cheese
	Spinach, rocket salad, pear and black sesame	Rocket salad with oranges, nuts and honey sauce	Moroccan couscous salad	Italian salad (basil, tomato, celery, mint)	Watermelon and tomato salad
Vegetables	Spinach	Carrots and peas	Spinach	Carrot with peas and pumpkin	Spinach
	Mixed vegetables with sunflower seeds	Mixed vegetables	Mix of steamed vegetables	Mixed vegetables with sunflower seeds	Mixed vegetables
	Carrot with sesame seeds	Yellow beans with breadcrumbs	Brussels sprouts	Yellow beans with breadcrumbs	Brussels sprouts
	Cauliflower with garlic, parsley & crumbs	Broccoli with sunflower seeds	Mini carrots with sesame seeds	Broccoli with sunflower seeds	Cauliflower with breadcrumbs
Sides	Boiled potatoes	Mashed potatoes	Boiled potatoes	Mashed potatoes	Boiled potatoes
	Roast potatoes	Roast potatoes	Roast potatoes with garlic and marjoram	Roast potatoes	Roast potatoes
	Rice	Rice with vegetables	Rice with carrots and peas	Yellow rice	Rice with mushrooms
	Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
	Barley	Buckwheat with onion	Buckwheat groats	Bulgur wheat	Cous cous