

	Monday 19-03-2018	Tuesday 20-03-2018	Wednesday 21-03-2018	Thursday 22-03-2018	Friday 23-03-2018
Soup	Dill and cucumber with rice (veg)	Broccoli cream soup (veg)	Tomato soup with basil and garlic(veg)	Spicy cheese soup (veg)	Vegetable soup (veg)
	White borscht with sausage and potatoes	Polish 'zurek' soup	Broth with noodles	Wild mushroom soup with noodles	Spicy fish soup
<b>fit</b> Fit dish	Baked chicken breast topped with tomato and mozzarella	Chicken fillet with broccoli puree	Non-fat roasted turkey breast stuffed with plum and apricot with a young carrot	Leg baked in a yellow curry sauce with paprika and mini corn on the cob	Roasted turkey breast with spinach and sunflower
Mains	Breaded pork chop with orange zest	Chicken fillet breaded with cornflakes	Pork chop with onions and mushrooms baked under cheese	Chicken in coconut batter	Pork loin chop
	Chicken curry with sweet potatoes, multi-colour peppers and broccoli	Pork steak with onions	Meatballs in dill sauce	Chilli con carne with beans, paprika & corn	Lasagne with spinach and bacon
	Old Bavarian style pork	Chicken tenderloins in wild mushroom sauce with thyme	Chicken with honey mustard sauce	Chicken&spinach kofta in tomatoes	Chicken fillet in a white sauce with dried tomatoes and parsley
Macaroni	Pasta with pesto and chicken	Tagliatelle with carrot, zucchini and spinach (veg)	Spaghetti carbonara with zucchini	Pasta all'arrabiata (with spicy pork)	Pasta in cream&cheese sauce with salami
Fish	Fish Hungarian style	Hoki fish with cheese	Fish baked with tomato, celery and carrots	Baltic cod in crispy breading	Fish baked with vegetables
Vegetarian	Frittata with vegetables (veg)	Chickpea chickpeas with tomatoes and peppers (veg)	Tortilla with vegetables (veg)	Lentil & grilled veggies goulash (veg)	Potato pancakes with onions, peppers, mushrooms)(veg)
Dumplings	Dumplings with white cheese&potato	Dumplings with mushrooms and groundnuts	Meat dumplings	Dumplings with spicy potato&cheese filling	Dumplings with white cheese&potato
Sweet	Pancakes With Apple	Pancakes with raisins	Pancakes with vanilla cheese and cranberry	Pancakes with vanilla curd and peaches	Pancakes with cheese and black currants
Salad	White cabbage with roasted peanuts and carrot	White cabbage with corn, leek and parsnip	White cabbage salad with cucumber and tomato	Indian salad (cabbage, peanuts, carrots)	White cabbage with pickled cucumbers and apple
	Swedish Salad	Pickled cucumber	White and red cabbage with carrot, corn and leek	Beetroot salad with onion	Sauerkraut salad
	Carrot slaw with raisins	Salad with leek and carrot and apple in cream	Carrot, peach and apple salad	Leek and peas salad	Celery and carrot salad
	Peking cabbage & arugula salad	Carrot and oranges salad	Chinese cabbage with green peas and leek	Chienese cabbage with kale, cucumber and chive	Chinese cabbage with pumpkin & apple
Vegetables	Spinach	Broccoli with sunflower seeds	Spinach	String beans mix	Spinach
	Carrots and peas in breadcrumbs	Yellow beans with breadcrumbs	Carrot with sesame seeds	Carrots and peas	Broccoli with sunflower seeds
	Steamed vegetables	Fried cabbage	Cooked beetroot (veg)	Cauliflower with breadcrumbs	Mix of steamed vegetables
Others	Boiled potatoes	Potato puree with onion and bacon	Boiled potatoes	Mashed potatoes	Boiled potatoes
	Rice with vegetables	Rice with carrots and peas	Rice with vegetables	Rice with mushrooms and peas	Egg rice
	Bulgur grits with dried tomatoes and parsley	Barley	Buckwheat with onion	Bulgur grits in Turkish	Buckwheat groats