



MENU: week 4

	Monday 22-1-2018	Tuesday 23-1-2018	Wednesday 24-1-2018	Thursday 25-1-2018	Friday 26-1-2018
<b>Soup</b>	Onion & beer soup with croutons (veg) Red beetroot cream soup with smoked bacon	Sorrel soup (veg) Peasant soup	Carrot cream soup (veg) Broth with noodles	Green peas cream soup (veg) Gypsy style soup with sausage	Parsnip & celeriac cream soup (veg) Thai Tom Kha Kai soup with chicken
<b>Pan</b>	Spaghetti carbonara with zucchini	Singapore pasta with chicken	Bigos	Tagliatelle with chicken, mozzarella and tomato-caper sauce	Rice pasta with chicken Pad Thai
<b>Mains</b>	Pork grilled with carrots Pork braised with horseradish Spanish-style pork loin (with olives, garlic, basil) Chimichurri chicken breast Roasted chicken leg with herbs Ground chicken cutlet in mushroom sauce with arugula Tilapia with salsa sauce Grilled hake marinated in herbs	Pork loin braised with zucchini, onion and Roasted pork in sweet&sour sauce Chicken with orange Chicken breast in Provence herbs breading Pork fajitas Stripsy chicken Fiery kebab (spicy) Hake in coloured pepper breading	Pork loin chop Pork cutlets in gravy Pork ribs in honey&mustard sauce Chicken liver with onions and bacon in a creamy sauce Poultry roulades stuffed with oyster mushrooms and onions Provencal roasted chicken legs Chicken and pumpkin curry Fried Tilapia a'la bruschetta	Pork loin chop with grilled cauliflower baked under Grilled pork neck with onions Pork steak with onion, mushrooms and parsley Chicken fillet in pepper sauce Chicken wings braised in vegetables Tandoori curry chicken Chicken shoarma with vegetables with garlic sauce Steamed tilapia with vegetables baked under cheese	Breaded pork loin chop with ginger Hungarian pork stew Cabbage leaves with meat&rice stuffing in tomato sauce Grilled pork neck with caramelized onion Chicken stew with tomatoes and basil in cream sauce Chicken fillet Hawaiian style (with coconut chips) BBQ chicken leg Hake roasted with tomatoes and slices of lemon
<b>Vegetarian dish</b>	Tortilla cake with vegetables (veg) Chickpea with peppers (veg) Broccoli and cauliflower with sunflower Fried beetroot with sour cream Mushrooms with parsley Spinach braised in cream with garlic Green string beans with garlic and bread Dumplings Pancakes with vanilla cottage cheese and cranberries	Spinach lasagne (veg) Parsley & celery fritters (veg) Mixed veggies with sunflower seeds and bread crumbs Carrots and peas in a denselv Spinach braised in cream with garlic Mushrooms in soy sauce Broccoli and cauliflower with breadcrumbs Fried dumplings Pancakes stuffed with sweet cheese and strawberries Potato pancakes with dumplin	Bulgur & red lentil cutlet with garlic dip (veg) Mexican pancakes Cooked beetroot (veg) Caramelized carrots with sesame seeds Spinach braised in cream with garlic Mushrooms in cream Brussels sprouts Dumplings with spinach Pancakes with cottage cheese, apple and cinnamon Potato & celery fritters	Thai egg fried rice with veggies (veg) Vegetarian Chilli con carne with lentil, corn, beans Carrot with sesame seeds Fried beetroot with sour cream Spinach braised in cream with garlic Mushrooms capucino String beans mix Pierogies stuffed with feta cheese & pumpkin Chocolate pancakes with cottage cheese and banana	Chops with cauliflower and millet (veg) Noodles Fried with cabbage and mushroom Brussels sprouts Carrots and peas in a denselv Spinach braised in cream with garlic Mushrooms in cream Green string beans with garlic and bread Dumplings Pancakes with sweet cheese
<b>Others</b>	French fries Dumplings Couscous with vegetables Buckwheat with onion Rice with mushrooms and peas Potatoe puree with onion Roast potatoes with garlic and marjoram Potato pancakes with onions, peppers,	French fries Dumplings Couscous with vegetables Barley groats with green beans and carrot Rice with mushrooms and peas Boiled potatoes Roast potatoes Potato pancakes with dumplin	French fries Dumplings Groat, bulgur Turkish Buckwheat with onion Yellow rice Mashed potatoes Roast potatoes Potato & celery fritters	French fries Dumplings Couscous with vegetables Pearl barley with green peas Rice with vegetables Boiled potatoes Roast potatoes with garlic and marjoram Hungarian potato pancakes (veg)	French fries Dumplings Groat bulgur with dried tomatoes and parsley Buckwheat with onion Rice with vegetables Boiled potatoes Roast potatoes Potato & celery fritters
<b>Salads</b>	Chinese cabbage salad with mini corn butts Carrot with apple and red beetroot White cabbage slaw Salad with green beans, blue cheese and walnuts Celery salad with peaches and raisins Greek Salad Mexican salad Salad mix (corn, pepper, tomato, cucumber) Mushroom salad with egg and green beans Lamb's lettuce with chickpeas, cherry tomatoes and egg Salad with tuna	Red cabbage salad Salad with beet and cucumber Carrots and pineapple salad Salad with Chinese cabbage, kohlrabi, red onion and peppers Salad with leek and carrot and apple in cream Coleslaw Salad with crab sticks and celery Chicken Salad tandori Salad with green beans and nuts Salad with cherry tomatoes and arugula Salad with broccoli, eggs, cherry tomatoes and cucumber	Red cabbage salad, mayonnaise and garlic White cabbage with corn, leek and parsnip Beetroot salad with onion Chinese cabbage with oranges White radish salad with corn Celery salad Salad with broccoli and red beans salad rhodes Salad with leek, ham and celery Lettuce mix of colored peppers Salad with broccoli, eggs, cherry tomatoes and cucumber	Salad of red cabbage with red onion Beetroot salad with onion Carrots and pineapple salad Pickled cucumber Coleslaw with pepper Chinese cabbage salad, cucumber and red radish Grilled chicken and pepper salad Salad with green beans and nuts Rocket salad, pomegranate, cherry tomatoes and feta cheese Salad with chicken and vegetables in curry sauce Couscous and lentil salad	Carrot with apple and red beetroot Red cabbage and radish salad Chinese cabbage salad with mini corn butts Salad with celery, apple and cucumber with yoghurt Leek & apple salad Sauerkraut salad Mellon, pear & lettuce salad Greek feast (tomato, pepper, cucumber, red onion, feta cheese) Salad with crab sticks and celery Broccoli slaw with egg Gyros salad