

	Monday 13-11-2017	Tuesday 14-11-2017	Wednesday 15-11-2017	Thursday 16-11-2017	Friday 17-11-2017
IBMer's Lunch Meal of the day 1	Pork roulades stuffed with egg	Chicken steak in cumberland sauce	Chicken Drumsticks with peppermint batter	Georgian pork ragout	Chicken leg with tomatoes and peppers
	Roast potatoes	Roast potatoes	Roast potatoes	Bulgur wheat	Yellow rice
	White cabbage slaw	Coleslaw with leek	White cabbage with pickled cucumbers and apple	Beetroot salad with onion	Carrot with apple and red beetroot
Meal of the day 2	Turkey stew with pepper and mushrooms	Old Bavarian style pork	Pork kofta in yogurt & tomato sauce	Chicken liver with onions and bacon in a creamy sauce	Crispy Asian pork
	Boiled potatoes	Boiled potatoes	Boiled potatoes	Boiled potatoes	Yellow rice
	Beetroot with cucumber and sunflower seeds	Red cabbage and radish salad	Sauerkraut salad	Swedish Salad	White turnip salad with corn and parsnip
Meal of the day 3 *** VEGETARIAN ***	White bean and veggies cutlets (veg)	Chickpeas curry (veg)	Cutlets of cauliflower and veal (veg)	Risotto with spinach (veg)	Courgette, mix peppers & beans lecho (veg)
	Rice with carrots and peas	Wild rice	Rice with vegetables		Barley
	Peking cabbage salad with dill and garlic sauce	Carrot salad with peach	Carrot & apple salad	Carrot salad with apple in cream	Leek and peas salad
Grill - Live cooking	Grilled chicken jalapeno	Potato pancakes with beef cheeks stew	Enchilada with chicken in spicy cheese sauce	Burger with grilled bacon and remoulade	Hake grilled with herbs
FIT Dish	Chicken noodles with spinach, onion and bacon in tomato sauce	Pasta with pumpkin&cream sauce with pesto, olives & arugula	Pasta with chunks of pork loin and seasonal vegetables in paprika sauce	Pasta with chicken in creamy sauce with cheese and nuts	Pasta bolognese
Soup	Sour soup on pork ribs	White borscht with mushrooms	Sour soup on pork ribs	Gypsy style soup with sausage	Fish soup with frutti di mare
	Green beans soup (veg)	Green beans soup (veg)	Minestrone (veg)	Apple & thyme cream soup (veg)	Sorrel soup with egg (veg)
Mains	Chicken Kiev	Pork ham baked with herbs	Chicken with orange	Anise oriental pork ribs	Chicken leg with tomatoes and peppers
	Pork tenderloins stewed with leeks	Chicken steak in cumberland sauce	Pork kofta in yogurt & tomato sauce	Breaded chicken breast	Ground pork and mushrooms roulade
	Ground pork cutlet	Pork ham baked with herbs	Chicken Drumsticks with peppermint batter	Georgian pork ragout	Chicken with honey mustard sauce
	Pork roulades stuffed with egg	Crispy chicken nuggets in yoghurt marinade	Pork loin in herb breading with mushrooms and parsley	Crispy Asian pork	Crispy Asian pork
	Turkey stew with pepper and mushrooms	Cabbage leaves with meat&rice stuffing in tomato sauce	Chicken with honey mustard sauce	Chicken fillet roasted in egg&flower	Chicken fillet roasted in egg&flower
	White bean and veggies cutlets (veg)	Chickpeas curry (veg)	Cutlets of cauliflower and veal (veg)	Risotto with spinach (veg)	Courgette, mix peppers & beans lecho (veg)
	Fish in Greek way	Cod baked with cheese & broccoli paste	Fried fish with tomatoes	Pollock in pepper batter	Fish Polish style with braised vegetables and egg
Vegetarian one-pot dish	Vegetable fritters with garlic dip (veg)	Zucchini in batter (veg)	Potato cake with apple mousse (veg)	Barley with green peas	Carrot Fritters (veg)
Others	Pierogies with white cheese&potato (8 pcs)	Pierogies stuffed with meat (8 pcs)	Pierogies stuffed with mushrooms and potatoes (8 pcs)	Pierogies with spicy potato&cheese filling (8 pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes with blueberries	Chocolate pancakes with sweet cheese and cherries	Pancakes stuffed with sweet cheese and strawberries	Chocolate pancakes with sweet cheese and raspberries	Pancakes with sweet cheese and blackberries
	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples
Salads	White cabbage slaw	Coleslaw with leek	White cabbage with pickled cucumbers and apple	White cabbage with leek,apple and carrot	White cabbage, carrot and kohlrabi salad
	Carrot slaw with raisins	Carrot salad with peach	Carrot & apple salad	Carrot salad with apple in cream	Carrot with apple and red beetroot
	Peking cabbage salad with dill and garlic sauce	Red cabbage and radish salad	Sauerkraut salad	Swedish Salad	White turnip salad with corn and parsnip
	Beetroot with cucumber and sunflower seeds	red beetroot, chickpeas and nuts salad	Beetroot salad with capers, jellow cheese and sour cream	Beetroot salad with onion	Red beetroot with yoghurt
	String bean & radish salad	Chinese cabbage with green peas and leek	Celery salad with raisins	Red cabbage, onion and oranges salad	Leek and peas salad
Salad with green beans	Salad with wine pear	Mixed vegetable salad with vinaigrette dressing	Moroccan couscous salad	Greek salad	
Vegetables	Spinach	Spinach	Spinach	Spinach	Spinach
	Broccoli with pickled peppers under beschamel sauce	Cauliflower with breadcrumbs	Brussels sprouts	Broccoli with curry sauce	Carrots and peas
	Yellow beans with breadcrumbs	Cooked beetroot (veg)	Mix of steamed vegetables	Fried cabbage with bacon	String beans mix
	Cyder braised red cabbage	Carrots duo with sesame	Mushrooms in cream	Mushrooms in cream	Mixed oriental veggies
Sides	Boiled potatoes	Boiled potatoes	Boiled potatoes	Boiled potatoes	Boiled potatoes
	Roast potatoes	Roast potatoes	Roast potatoes	Roast potatoes	Roast potatoes
	French fries	French fries	French fries	French fries	French fries
	Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
	Rice with carrots and peas	Wild rice	Rice with vegetables	Rice with mushrooms	Yellow rice
	Pearl barley with green peas	Couscous with vegetables	Buckwheat with onion	Bulgur wheat	Barley