

	Monday 22-01-2018	Tuesday 23-01-2018	Wednesday 24-01-2018	Thursday 25-01-2018	Friday 26-01-2018
<b>IBMer's Lunch Meal of the day 1</b>	A gypsy cauldron with sausage Boiled potatoes White cabbage salad with corn, dill and mayonnaise	Spicy chicken legs Hungarian style Roast potatoes Coleslaw with leek	Chicken meat balls on vegetables Boiled potatoes White cabbage slaw with horseradish	Ground pork with vegetables in tomato sauce Roast potatoes White and red cabbage with carrot, corn and leek	Pork ragout with pumpkin Boiled potatoes White cabbage, pickled pepper and apple salad
<b>Meal of the day 2</b>	Devil's chicken Roast potatoes Red beetroot with yoghurt	Pork stew with mushrooms in cream sauce Boiled potatoes Beetroot salad with onion	Sweet & sour pork Millet groat Carrot and oranges salad	Chicken liver with apples and marjoram Boiled potatoes Chinese cabbage with kale, cucumber and chive	Chicken fingers in corn breadcrumbs Roast potatoes Peking cabbage & arugula salad
<b>Meal of the day 3 *** VEGETARIAN ***</b>	"Peçzotto" with pumpkin, celery, zucchini, pepper and kale(veg) Wild rice Carrot & apple salad	Red gratin (veg) Red rice Carrot salad with peach	Chickpeas cutlets (veg) Rice with vegetables Sauerkraut and pumpkin salad	Zucchini kofta in tomat&cream sauce (veg) Rice with vegetables Carrot, peach and apple salad	Chickpeas, pumpkin & broccoli goulash (veg) Yellow rice Carrots and pineapple salad
<b>Grill - Live cooking</b>	Grilled chicken breast with fresh herbs on a pillow of noodle salad	Grilled pork tenderloin on a pillow of greens	3 Cheeses Burger	Tortilla with chicken and vegetables	Crispy sweet&spicy fish
<b>FIT Dish</b>	Whole grain pasta with cooked chicken, zucchini, cherry tomatoes	Penne carbonara	Pasta with Mexican sauce with minced chicken, black beans, colorful peppers and chillies	Noodles with salmon in cream sauce with garlic and parsley	Pennette pasta with broccoli,sun dried tomato & rocket salad
<b>Soup</b>	Goulash soup with beans Broccoli soup (veg)	Sour soup on pork ribs Broccoli soup (veg)	Goulash soup with beans Vegan curry soup with kale (veg)	Chicken soup with carrots and green peas Topinambur cream soup	Spicy fish soup Red lentil dahl soup (veg)
<b>Mains</b>	A gypsy cauldron with sausage Chicken fillet stuffed with broccoli Pork cutlets in mushroom sauce Devil's chicken Pork chop breaded in red Red beans, chickpeas & carrot cutlet in tomato&pepper sauce (veg) Fish Polish style with braised vegetables and egg	Chicken breast in crispy poppy seed breading Pork Gyros with pork with onions, mushrooms and peppers Chicken breast in crispy poppy seed breading Pork stew with mushrooms in cream sauce Spicy chicken legs Hungarian style Red gratin (veg) Tilapia roasted with spinach	Pork neck baked with prunes and bacon Chicken meat balls on vegetables Sweet & sour pork Chicken breast in sesame batter Potato dumplings stuffed with ground pork Chickpeas cutlets (veg) Pollock in crispy breading	Turkey stew with pepper and mushrooms Ground pork with vegetables in tomato sauce Chicken liver with apples and marjoram Chicken breast in Provence herbs breading Spicy sambal chicken sticks Buckwheat with forest mushrooms (veg) Coconut batter tilapia with lemon	Georgian pork ragout Chicken fingers in corn breadcrumbs Pork ribs in american style with BBQ sauce Chicken breast in Provence herbs breading Lasagne with meat Chickpeas, pumpkin & broccoli goulash (veg) Ground fish cutlet with egg and veggies
<b>Vegetarian one-pot dish</b>	"Peçzotto" with pumpkin, celery, zucchini, pepper and kale(veg)	Breaded zucchini (veg)	Sicilian caponata with aubergine, tomatoes, celery, olives and capers	Zucchini kofta in tomat&cream sauce (veg)	Cutlets with sweet potato and zucchini with fried egg(veg)
<b>Others</b>	Pierogies with white cheese&potato (8 pcs) Chocolate pancakes with strawberries and sweet cheese Pancakes with apples	Pierogies stuffed with mushrooms and potatoes (8 pcs) Chocolate pancakes with sweet cheese and cherries Pancakes with apples	Pierogies with spicy potato&cheese filling (8 pcs) Apple baked with honey and walnuts Pancakes with apples	Pierogies stuffed with meat (8 pcs) Chocolate pancakes with sweet cheese and raspberries Pancakes with apples	Pierogies with white cheese&potato (8 pcs) Banana fritters Pancakes with apples
<b>Salads</b>	White cabbage salad with corn, dill and mayonnaise Red beetroot with yoghurt Carrot & apple salad White turnip, pepper and bamboo stripes salad Pickled cucumber & onion salad Chicken Salad	Coleslaw with leek Beetroot salad with onion Carrot salad with peach Leek & apple salad Red cabbage & cucumber salad Lettuce and tomato with vinaigrette dressing	White cabbage slaw with horseradish Salad with beet and cucumber Carrot and oranges salad Sauerkraut and pumpkin salad String bean & radish salad Spicy devil's salad	White and red cabbage with carrot, corn and leek Beetroot salad with onion Carrot, peach and apple salad Chinese cabbage with kale, cucumber and chive Celery salad Salad with surimi	White cabbage, pickled pepper and apple salad Beetroot salad with sunflower seeds Carrots and pineapple salad Peking cabbage & arugula salad Celery salad with raisins Greek salad
<b>Vegetables</b>	Spinach Broccoli sunk in bechamel sauce Yellow beans with breadcrumbs Cooked beetroot (veg)	Spinach Cauliflower with sesame Mix of steamed vegetables Carrot with peas and pumpkin	Spinach Autum mix vegetables with roasted mustard seeds Mini carrots with sesame seeds Fried cabbage	Spinach Brussels sprouts Mixed oriental veggies Fried cabbage	Spinach Mixed vegetables with sunflower seeds Glazed carrots Mushrooms in cream
<b>Sides</b>	Boiled potatoes Roast potatoes French fries Dumplings Wild rice Barley groats with green beans and carrot	Boiled potatoes Roast potatoes French fries Dumplings Red rice Bulgur wheat	Boiled potatoes Roast potatoes French fries Dumplings Rice with vegetables Millet groat	Boiled potatoes Roast potatoes French fries Spinach dumplings Rice with vegetables Buckwheat with onion	Boiled potatoes Roast potatoes French fries Dumplings Yellow rice Couscous with vegetables